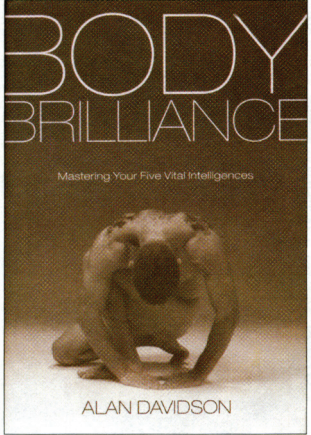


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Mind & Body

Body Brilliance: Mastering Your Five Vital Intelligences, by Alan Davidson, is a warm, funny, encouraging, compassionate and deeply personal guide to waking your spirit fully in your body. It will help you engage your physical, mental, emotional, moral and spiritual intelligences and develop them more fully.

